

## APASO Newsletter



**It's Mental Health Awareness week!**

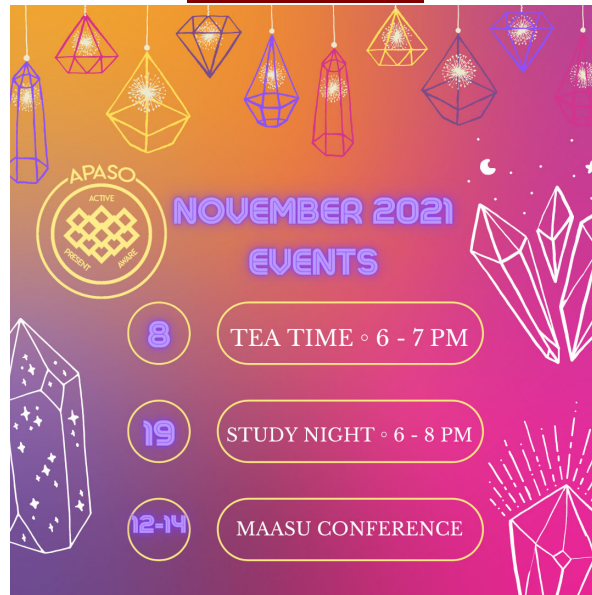
**See below for events!**

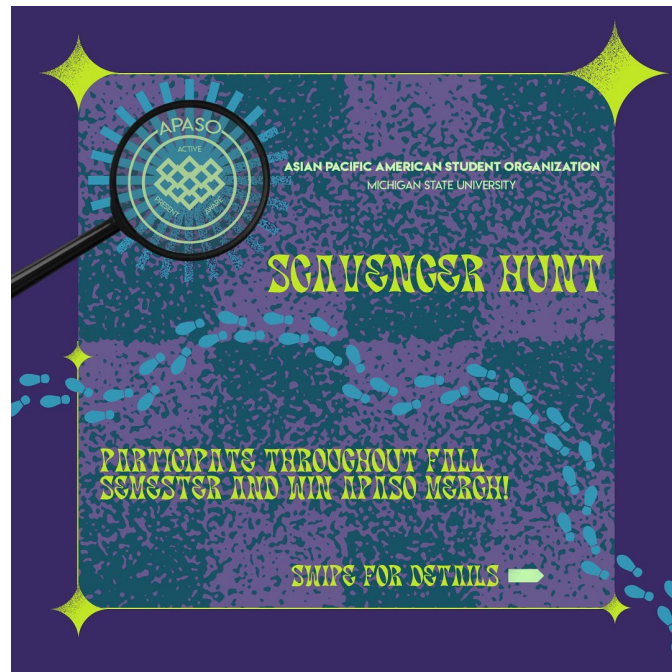
Hello! We apologize for the delay in our newsletters, but we hope you had a spooky Halloween weekend after celebrating the big win!


Don't forget to treat yourself: bones or no bones! :)

me on october 31 vs me on november 1



**Updates & Events:**





**APASO**  
ACTIVE  
PRESENT  
AWAKE

ASIAN PACIFIC AMERICAN STUDENT ORGANIZATION  
MICHIGAN STATE UNIVERSITY

# RULES

Complete the tasks listed on the following slide and take photos as proof of completion.

Complete at least 23 tasks by Dec. 6th, 2021 to win APASO merch! Winners will be announced on Instagram @msuapaso

If you have any questions about the tasks, feel free to DM us @msuapaso !



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## SCAVENGER HUNT LIST

1. Attend an APASO event
2. Attend an APASO Affiliate Event
3. Find the APASO room
4. Find the BSA room
5. Find the CRU room
6. Find the NAISO room
7. Attend a CORES/COPS event
8. Join a Registered Student Organization
9. Wear your mask indoors
10. Wear Spartan gear on game day
11. Bond with an MSU squirrel
12. Get boba
13. Eat at an Asian-owned business
14. Study with APASO on Friday
15. Attend MAASU Conference
16. Go hammocking
17. Study at the Main Library
18. Go to an MSU sports game
19. Join a big-little program
20. Attend a Wharton Center show
21. Attend an Inclusive Campus Initiative Forum
22. Visit APASO's advisor Anna Lin in QCAT
23. Attend an MRULE RTD
24. Visit the MSU Union
25. Tour the MSU Broad Art Museum
26. Follow APASO on Instagram and Facebook
27. Watch Shang-Chi in theaters
28. Sit in People's Park
29. Take a CATA bus
30. Meet MSU President Stanley

## Affiliate Updates

CTRL+A



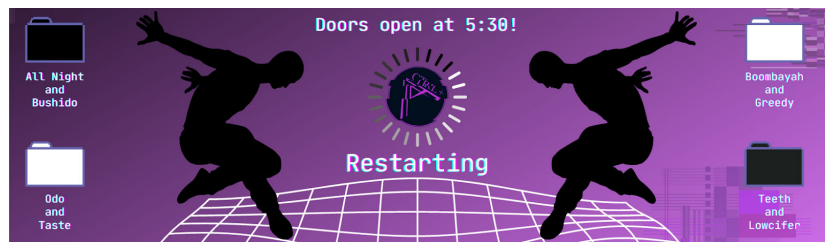
**CTRL+Reboot**  
**Fall Showcase 2021**

Saturday, November 20th From 6 to 8 PM  
MSU Union Ballroom

DCNTM and Body

BBHMM and HWAA





**aKDP**

### **Chinese Student Coalition (CSC)**

**DDMM exclusive event!**



We are doing a bamboo fundraiser for Singles Day (11.11) next week!

Celebrate this Chinese holiday with us by buying a plant for yourself, friends, or family! **PREORDER**

(<https://forms.gle/qCw2trXr66v1SHoJ6>) **WHILE SUPPLIES LAST**, and pickup at Wells Hall on Thursday, November 11th 🌱



dreaMSU



**Presents:**  
**Immigration Simulation**



**November 2nd - 7:30 pm @ the Minskoff Pavilion M210**

Explore the unpleasant realities of the US immigration system

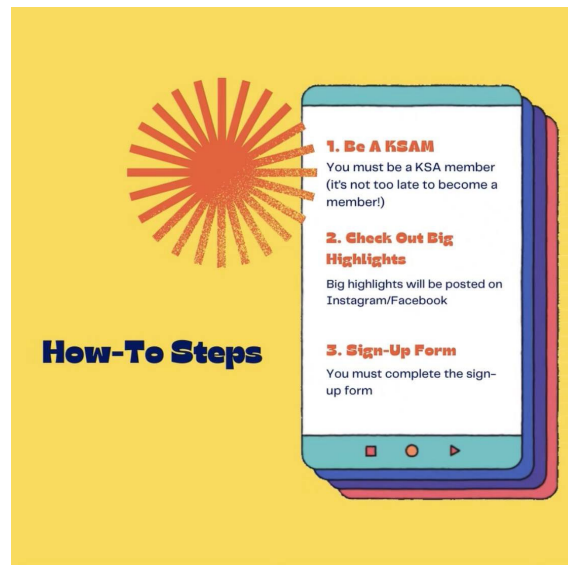
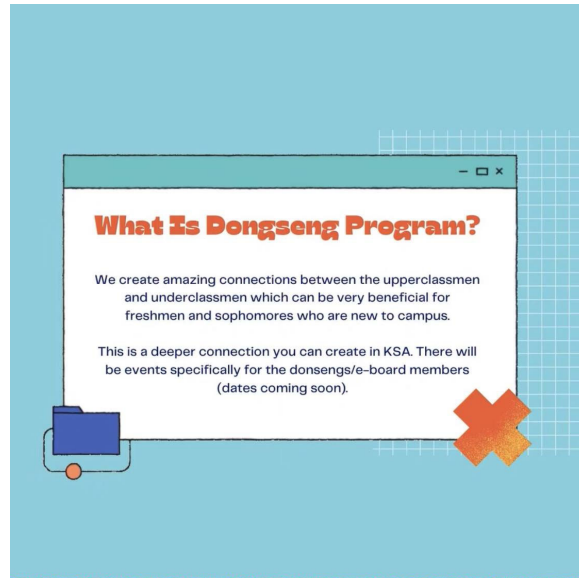
**Korean Student Association (KSA)**

**Membership sign up is open**

If you are interested in learning more about Korean culture or want to be more involved in our organization, KSAM is for you! KSAM stands for KSA Members. KSAM is an exclusive membership that KSA offers; as a KSAM, you will be able to attend our exclusive events, rep KSA with our new KSAM merch, and make lifelong friends!

Fill out this [form](#) if you're interested in having a fun time with us this year!

🔗 KSA Membership Sign Up: <https://forms.gle/8So2CQxQD4Ci1eAr8>  
 ❤️ Dongseng Program Sign Up Link: <https://forms.gle/6GWJRaVEGQ8Cxc877> ❤️



**Indonesian Student Association (PERMIAS)**

[Podcast MantoEL](#)





### Professional Asian Student Association (PASA)



### South Asian Awareness Network (SAAN)



### Vietnamese Student Association (VSA)



## Community Updates

### Mental Health Awareness Week Events



**Mental Health Awareness Week**  
NOVEMBER 2021

MONDAY NOV. 01	TUESDAY NOV. 02	WEDNESDAY NOV. 03
<b>Positive Affirmations</b> The Rock from 12-4pm  <b>Depression Screening</b> Visit <a href="https://caps.msu.edu/">caps.msu.edu/</a>	<b>Paws for MHAW (Dog Walking Event)</b> SSB, The Rock, The Union from 3-6pm	<b>Keynote Speaker Joe Johnston</b> "Healing Roots vs Treating Symptoms: The Secret to Emotional Freedom & Optimization" Wells Hall, Room B117 at 6:30pm
THURSDAY NOV. 04	FRIDAY NOV. 05	 Don't miss out! Instagram: @theASMSU Facebook: @ASMSU
<b>Coffee &amp; Coloring</b> The Broad Art Museum from 3-6pm	<b>Cider &amp; Donuts</b> Come celebrate MHAW with treats & merch! SSB from 2-4pm	

### Midwest Asian Pacific Islander Desi American Students Union (MAASU)

**MAASU VIRTUAL LEADERSHIP SUMMIT 2021**

**REGULAR REGISTRATION EXTENDED**

Registration link is in our [linktr.ee](https://linktr.ee)

<b>MSU STUDENTS</b>	<b>\$5.00</b>
<b>MEMBER SCHOOLS</b>	<b>\$7.00</b>
<b>NON-MEMBER SCHOOLS</b>	<b>\$8.00</b>

**Ends: November 3, 2021 @ 11:59 p.m. EDT**

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Anyone can register for the conference by going to our [website](https://msuwildconference.com) here. MSU Student Registration is FREE and faculty/staff are \$25. Program presenters will have comped registration. All registrations include lunch, t-shirt, and a day of professional development opportunities.

### MSU Prevention, Outreach, and Action

It's On Us Fall Week of Action is happening next week! We will have a variety of live events, and be sure to follow [@itsonus\\_msu2021](https://twitter.com/itsonus_msu2021) for updates and educational content throughout the week! We hope to see you there!



A poster for 'Fall Week of Action' with a dark grey background. At the top, three stylized leaves (white, orange, and white) are arranged horizontally. Below them, the text 'IT'S ON US' is in small white letters, followed by 'FALL WEEK OF ACTION' in large orange letters, and 'NOVEMBER 1-5, 2021' in small white letters. The poster features three yellow rectangular boxes, each containing event information. A small white arrow icon is on the right side of the poster. At the bottom, there is a small black circle with a white person icon, followed by the text 'FOLLOW @ITSONUS\_MSU2021 FOR EDUCATIONAL CONTENT THROUGHOUT THE WEEK!' in white.

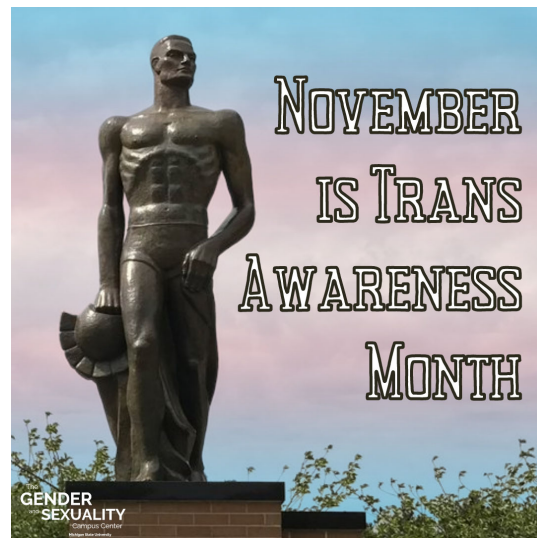
IT'S ON US  
**FALL WEEK OF ACTION**  
NOVEMBER 1-5, 2021

**NOVEMBER 1 - 5PM**  
TYE-DIE AND HOT CHOCOLATE IN  
PARTNERSHIP WITH FRATERNITY &  
SORORITY LIFE  
LOCATION: THE ROCK!!

**NOVEMBER 3 - 6PM**  
POETRY SLAM IN PARTNERSHIP WITH THE  
MSU POETRY SLAM TEAM  
WILSON AUDITORIUM (WILSON C102)

**NOVEMBER 5- 7PM**  
"ISN'T IT ROMANTIC?" FILM SCREENING  
AND CONVERSATION AROUND HEALTHY  
RELATIONSHIPS IN PARTNERSHIP WITH  
RHA CAMPUS CINEMAS  
WELLS HALL ROOM B115

FOLLOW @ITSONUS\_MSU2021 FOR EDUCATIONAL CONTENT THROUGHOUT THE WEEK!







**INTERSECTIONALITY 101**

The webinar will define intersectionality and provide an overview of its history in Black feminist activism, its academic travels in critical legal studies and sociology, and more recently, psychology and public health.

**November 11, 2021**  
9:30 - 11am EST  
Zoom Webinar

**LISA BOWLEG, PHD, MA**  
President, Intersectionality Training Institute

College of Social Science  
MICHIGAN STATE UNIVERSITY




CONSORTIUM FOR  
SEXUAL & GENDER  
MINORITY HEALTH

Intersectionality  
training  
institute

SALUS  
CENTER


A poster for the 'Intersectionality 101' webinar. The background is light purple with a grid pattern. On the right, there is a circular portrait of Lisa Bowleg, a Black woman with short hair, wearing an orange top and a necklace. The text is in various colors and fonts. The top left says 'INTERSECTIONALITY 101'. Below it is a paragraph about the webinar. To the left of the portrait, it says 'November 11, 2021 9:30 - 11am EST Zoom Webinar'. To the right of the portrait, it says 'LISA BOWLEG, PHD, MA President, Intersectionality Training Institute'. At the bottom, there are four logos: 'College of Social Science MICHIGAN STATE UNIVERSITY', 'CONSORTIUM FOR SEXUAL & GENDER MINORITY HEALTH', 'Intersectionality training institute', and 'SALUS CENTER'.

# Take Action: Bystander Intervention

In this two-part workshop, participants will explore and reflect on how identities and lived experiences may impact their decision to be an active bystander when witnessing incidents of bias or harassment. Attendees will learn practical skills and considerations for being an active bystander.

**PART I**  
Offering 2 sessions




**10/21**  
@ 3:00 - 4:30 PM

OR

**10/22 (Zoom)**  
@ 12:00 - 1:30 PM


**PART II**  
Offering 2 sessions




**11/11**  
@ 3:00 - 4:30 PM

OR

**11/12 (Zoom)**  
@ 12:00 - 1:30 PM

 **MOSAIC: The Multicultural Unity Center,  
2nd Floor of MSU Union (49 Abbot Road)**

 **Register HERE:**  
<https://bit.ly/bystander2021>

In partnership between the Prevention, Outreach and Education Department, MOSAIC: The Multicultural Unity Center, and the Office of Inclusion and Intercultural Initiatives

[poe.msu.edu](http://poe.msu.edu)

[mosaic.msu.edu](http://mosaic.msu.edu)

[inclusion.msu.edu](http://inclusion.msu.edu)

Good Morning Spartans!

The challenge is running November 1st – 19th and we are attempting to collect almost 800 units of blood across campus to help save as many as 2400 lives in the process! But to do that we need to see at least a 1000 blood donors and that is where you can all help out. I have attached a document that has all of the blood drives that are a part of the challenge.

### Give Blood – MSU v PSU Blood Donor Battle

<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=msu>

### November Incentives for Blood Donors

- In honor of the new series, I Know What You Did Last Summer, those who come to give blood Nov. 1-12, 2021, will automatically be entered to win a 10-day trip for two to Hawaii, courtesy of Amazon Prime Video.^ The trip will transport the winner and their guest to where the series was filmed and includes round-trip airfare for two, hotel accommodations for nine nights, meals, \$1,000 gift card for expenses and on-trip transportation with tour stops from Honolulu to Maui through Trafalgar tours.
- All donors who come to give blood Nov. 1-23, 2021, will receive a \$10 Amazon.com Gift Card\* via email, thanks to our partners at Amazon.\*\*
- All donors will receive limited edition MSU v PSU Blood Battle T Shirt.

My name is Lily and I am a research assistant with the **Gender, Culture, Health Lab at University of Maryland**. We are recruiting participants for a research study on Asian American women and would appreciate it if you could send the following recruitment message to your members. Thank you!

#### RESEARCH PARTICIPATION OPPORTUNITY FOR ASIAN AMERICAN WOMEN

We are looking to recruit Asian American women who are at least 18 years old to participate in a research study on health and relationships. The results of this study will be used to inform mental health interventions for Asian American women. This research has received IRB approval and is being conducted by a team of researchers in the Counseling Psychology program at the University of Maryland, as well as team member Luna Ly. Participation involves completing a 30-45 minute survey. Those who complete the survey will be entered into a raffle to win one of four \$50 Visa gift cards. Or, if you are a UMD student, you may sign up through SONA ("A Study on Asian American Women's Health and Relationships") and receive 1 SONA credit.

If you are interested, please click the link below to complete the survey – once you complete the survey, you will have the option to include your email address to win one of the four \$50 Visa gift cards. Please contact Principal Investigator Thomas Le, M.S. (at [tple@terpmail.umd.edu](mailto:tple@terpmail.umd.edu)) if you have any further questions.

<https://go.umd.edu/aa>

#### Interested in Asian Pacific American Studies?

Fill out this [form](#) to join APA Studies' e-mail list!

#### Looking for Jobs, Internships, and Support for International Students?

MSU Career Services is here to help you! Here are some internships, jobs, and career/grad school events that might be of interest to you. Reach out to them on WhatsApp/WeChat/other social channels for more updates or [foxallis@msu.edu](mailto:foxallis@msu.edu)

MSU Career Services: <https://careernetwork.msu.edu/>

#### Interested in meeting new people and learning more about Lansing?

Check out this link for more information: <https://mailchi.mp/e8564f387f05/destination-lansing-make-and-share-event-49?e=ad9adf1639>

#### MSU Sexual Assault Healthcare Program

The Center for Survivors and the [MSU Sexual Assault Healthcare Program](#) are so excited to announce that the Sexual Assault Healthcare Program is now open! Please share and help us to spread the word.

The program provides trauma-informed, inclusive and accessible healthcare services to individuals who have experienced a sexual assault within the last 5 days. Services are free and confidential and available to any adult (students, faculty, staff, OR community members who are not affiliated with MSU).

Key points about the Sexual Assault Healthcare Program:

- The healthcare program is open 24/7 with nursing staff on site
- The program is located on the 2nd floor of the student services building. There is designated [parking](#) on Farm Lane marked "Sexual Assault Healthcare Program"
- Advocates from the Center for Survivors are available to provide support, resources, and follow-up.
- Patients seeking services can show up at any time or call ahead (517-353-2700)

For more information, watch this news story from WLNS: <https://www.wlns.com/news/msu-sexual-assault-healthcare-program-to-open-thursday/>

## COVID-19 Updates/Resources

### MSU

#### [Compact](#)

Sign up for the [COVID-19 Early Detection Program Health Screening Form](#) (for whenever you go on campus)

### East Lansing

[Emergency Ordinance Requiring Compliance with Public Health Orders](#)

### Ingham County

#### [Health Department](#)

#### [Resources](#)

### Michigan

#### [Resources](#)

### United States

[Resources from the CDC](#)

### Ways to Get Involved!

As always, come out to APASO programs and events, meet our Executive Board, and **join our general assembly** to learn more!

### APIAVote - All Year Long!

- APASO is an APIAVote Ambassador Organization. With this roll, APASO helps register students to vote! Involvement includes traveling, hosting registration drives, and helping with programming.
- Contact **Annie** ([msuoutreachchair@gmail.com](mailto:msuoutreachchair@gmail.com)) for more information!



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